Feeling a little competitive?
Recruit others at your work location to join you either as an individual or on a team for this District Wide - Work Site Based Competition

Whether you do activities together or just cheer each other on, being part of a team keeps you accountable and doubles your chances of success. Plus, it's more fun.

https://sd27j.springintomotiontoday.com/#/welcome
Monday, April 3: First day to log activity
Friday, April 7: Team formation deadline
Sunday, April 30: Program ends