Annual Employee Benefits Open Enrollment Information for 2018

As a School District 27J employee, the open enrollment period is when each employee is responsible for reviewing, evaluating and making changes to their current plan choices. Make sure to take this opportunity to assess you and your family’s needs, review benefit information and deductions shown on your pay stubs, review your HSA account, and what benefit plans you’re currently enrolled in.

The annual employee benefits open enrollment period is May 1 - 31, 2018.

During the annual benefits open enrollment period, employees may:

- Change to a different health plan
- Add or remove eligible dependents (spouse, domestic partner, children)
- Enroll in a health / dental plan (if previously waived coverage)
- Waive (cancel) health / dental coverage
- Enroll or re-enroll in a Flexible Spending Account (Health Care and/or Dependent Care)

All changes made during the annual open enrollment period must be submitted to the Human Resources Office on the appropriate forms no later than May 31, 2018 and will become effective July 1, 2018.

Click for the benefit enrollment and change form
Health Plan Changes effective July 1, 2018:

- Kaiser High Deductible Health Plan (HDHP) annual deductibles will increase to $6,000 for individuals and $12,000 for families (with embedded deductibles for families.) However, the District 27J annual Health Savings Account (HSA) contribution will increase to $3,450 for individuals ($287.50 per month) and $6,850 for families ($570.83 per month.)
- Kaiser High Deductible Health Plan (HDHP) (Ctrl+Click)
- Kaiser DHMO Plan benefits will remain the same
- Kaiser DHMO Plan (Ctrl+Click)
- Kaiser ACDC Plan benefits will remain the same
- Kaiser ACDC Plan (Ctrl+Click)

All employees enrolled on the Kaiser DHMO Plan who wish to remain enrolled on the Kaiser DHMO Plan for the 2018-2019 plan year must complete an online Opt-in form.

If an Opt-in form is not completed and submitted to the District 27J Human Resources Office by May 31, 2018, Kaiser DHMO members will be automatically enrolled in the Kaiser High Deductible Health plan (HDHP) effective July 1, 2018.

Monthly Premium Rate Changes effective July 1, 2018:

Kaiser High Deductible Health Plan (HDHP) and the Added Choice Deductible Coinsurance (ACDC) Plan premium rates will increase effective July 1, 2018, and will be deducted/processed beginning on the June 29, 2018 payroll since premium payments are due in advance of coverage. For the School District 27J 2018-2019 Monthly Employee Insurance Premium Rate sheet: Ctrl+Click for the School District 27J 2018-2019 Monthly Employee Insurance Premium Rate sheet.

Plan Benefits and Premium Rates will Remain the Same for:

- The District 27J Self-funded Dental Plan
- Vision Service Plan
- Group Term Life/AD&D Plan

Do You have Questions or Need Assistance?

If you are planning to make any changes to your benefits selection or have benefit questions, please contact Sherry Primus, School District 27J Benefits Specialist at 303-655-2967 or send email to Sherry at sprimus@s27j.net for general benefits or enrollment information.

The information and videos located on the School District 27J website represent the District 27J Human Resources Department’s effort to provide you comprehensive information to make strong choices. By making no plan changes you affirm your current plan choices. Please note: The District 27J Human Resources Dept. cannot and does not hold responsibility for your coverage choices.
**Employee Assistance Program (EAP)**

To access services:

1-866-252-4468

www.mylifevalues.com

Username: SD27J

Password: eap

---

**School District 27J**

Resources For Living is an employer sponsored program, available at no cost to you and all members of your household. That includes dependent children up to age 26, whether or not they live at home.

Services are confidential and available 24 hours a day, 7 days a week.

---

**Emotional well-being support**

You can call us 24 hours a day for in-the-moment emotional well-being support. You can also access up to 5 counseling sessions per issue each year.

Visit with a counselor face to face, online with televideo or get in-the-moment support by phone. Services are free and confidential. We're always here to help with a wide range of issues including:

- Relationship support
- Stress management
- Work/life balance
- Family issues
- Grief and loss
- Depression
- Anxiety
- Substance misuse and more
- Self-esteem and personal development
Active and Retired District Staff (Principals, Assistant Principals, etc.) along with Community Friends make up the Brighton Duplicate Bridge Club spearheaded by Bobbi Jo Unruh.

You may recognize some of these folks who devotedly keep their minds active by playing Bridge. These individuals are not only healthy minded, they are very generous to our District by donating part of their membership entry fees towards scholarships for students. They provide our district money at least three times a year, and their biggest annual donation to 27J happens in May from their Bridge Marathon Luncheon. The Bridge Club is extremely grateful to the District for loaning the club space to gather and play at our Administration Building.

Actually, it is we - 27J - who are very grateful to these active individuals who have and still are providing for our students many times over.

Thank you Brighton Duplicate Bridge Club Members for your generosity to our District.

Bobbi Jo Unruh
Club Director
Not all club members are represented
Thank you to all our survey respondents who have taken the 27J Workforce Health 2018-19 Program Survey. Your gift will arrive soon.

Please don’t miss out on your FREE Summer Gift for completing this survey.

Click here to begin the survey (Ctrl+Click)
### Onsite Classes - All Classes Offered by 27J Employee Wellness are Free!!!

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>May 9</td>
<td>May 10</td>
<td>May 11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5:30 am</td>
<td>5:30 am</td>
<td>5:30 am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yoga @ ESC 4:00 pm</td>
<td>Yoga @ Nutrition</td>
<td>Yoga @ Nutrition</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Services 2:30 pm</td>
<td>Services 2:30 pm</td>
</tr>
<tr>
<td>May 7</td>
<td>May 8</td>
<td>May 16</td>
<td>May 17</td>
<td>May 18</td>
</tr>
<tr>
<td></td>
<td>5:30 am</td>
<td>5:30 am</td>
<td>5:30 am</td>
<td>5:30 am</td>
</tr>
<tr>
<td></td>
<td>Yoga @ ESC 4:00 pm</td>
<td>Yoga @ ESC 4:00 pm</td>
<td>Yoga @ Nutrition</td>
<td>Yoga @ Nutrition</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Services 2:30 pm</td>
<td>Services 2:30 pm</td>
</tr>
<tr>
<td>May 21</td>
<td>May 22</td>
<td>May 23</td>
<td>May 24</td>
<td>May 25</td>
</tr>
<tr>
<td></td>
<td>5:30 am</td>
<td>5:30 am</td>
<td>5:30 am</td>
<td>5:30 am</td>
</tr>
<tr>
<td></td>
<td>Yoga @ Nutrition</td>
<td>Yoga @ Nutrition</td>
<td>Yoga @ Nutrition</td>
<td>Yoga @ Nutrition</td>
</tr>
<tr>
<td></td>
<td>Services 2:30 pm</td>
<td>Services 2:30 pm</td>
<td>Services 4:00 pm</td>
<td>Services 4:00 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Thank you for letting me serve you all this year.

Be good to yourself!!